

MASS TIMES

Blackfriars Cnr Phillip Ave & Antill St, Watson	
Tuesday to Friday	5.30pm
Saturday (vigil)	5.00pm
Sunday	10.00am 5.00pm

St Brigid's 2 Bancroft St, Dickson	
Tuesday to Saturday	9.00am
Saturday (vigil)	6.00pm
Sunday	9.30am
Vietnamese Mass Sunday (1st & 3rd)	5.00pm

St Joseph's 61 Boria Drive, O'Connor	
Tuesday to Friday	9.15am
Saturday	8.30am
Saturday (vigil)	6.00pm
Sunday	8.30am

St Patrick's 1 Donaldson St, Braddon	
Tuesday to Friday	12.30pm
Sunday	8.00am
German Mass Sunday	10.00am

St Thomas More 30 White Cres, Campbell	
Friday * (1st & 3rd of the month)	11.45am
Sunday	10.00am

* School attends during school term

CONTRIBUTIONS TO CLERGY & PARISH

Contribute to the First Collection:

Account Name: Central Presbytery Fund
BSB: 062-786 - Bank Account: 00029248
Reference: Your parish location, name and intention (e.g. Campbell Smith 1st collect)

Contribute to your parish:

Canberra Central : A/C Name Canberra Central Parish
BSB: 062786 A/C: 00013150 Ref: Name & Giving Number
Blackfriars: A/C Name: Blackfriars Parish Watson
BSB: 062786 A/C: 00013341 Ref: Name & Giving Number
St Joseph's: A/C Name: St Joseph's Parish
BSB: 062 786 A/C: 00012798 Ref: Name & Giving Number
St Thomas More: A/C Name: St Thomas More Parish
BSB: 062786 A/C: 00014869 Ref: Name & Giving Number

SACRAMENT & DEVOTION TIMES

Blackfriars Cnr Phillip Ave & Antill St, Watson	
Reconciliation	
Saturday	4.00 - 4.30pm
Adoration of the Blessed Sacrament	
Friday	6.00 - 7.00pm
Rosary Prayers	
Sunday (1st & 3rd of the month)	9.00am

St Brigid's 2 Bancroft St, Dickson	
Reconciliation	
Saturday	9.30 - 10.00am 5.30 - 5.50pm
Adoration of the Blessed Sacrament	
Wednesday	8.00am - 8.00pm
Saturday	9.30am - 10.00am
Rosary Prayers	
Tuesday to Saturday	8.30am
Anointing of the Sick	
Sunday (3rd of the month)	After 9.30am Mass

St Joseph's 61 Boria Drive, O'Connor	
Reconciliation	
Friday (during Holy Hour)	8.15 - 9.00am
Saturday	5.15 - 5.45pm
Adoration of the Blessed Sacrament	
Tuesday to Friday	8.15 - 9.10am
Rosary Prayers	
Tuesday to Friday (Cenacle on Thursdays)	After 9.15am Mass
Saturday Rosary Novena - Our Lady of Perpetual Help	8.15am (before Mass)
Anointing of the Sick	
Saturday (1st of the month)	8.30am (within the Mass)

St Patrick's 1 Donaldson St, Braddon	
Reconciliation	
Friday	12.00 - 12.30pm
Adoration of the Blessed Sacrament	
Friday	11.30am - 12.30pm

St Thomas More 30 White Cres, Campbell	
Anointing of the Sick	
Sunday (1st of the month)	11.15am



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator:
anthony.riosa@cg.org.au
Fr Renoir Oliver Jr SSS : renoir.oliver@cg.org.au
Fr Sebastian Luistro SSS: sebastian.luistro@cg.org.au

Parish Secretaries: Kathie Guillester & Danielle Firat
0416 823 447 (Campbell & Watson)
0412 128 038 (Canberra Central & O'Connor)
innernorth@cg.org.au
<https://www.cginnernorth.org.au>
PO Box 900, Dickson ACT 2602

Parish Offices Opening Hours:

Watson Blackfriars Thursday & Friday 9am-1.00pm | **Dickson St Brigid's** Tuesday & Friday 9.30am-1.00pm
O'Connor St Joseph's Wednesday & Thursday 9.30am-1.00pm
Campbell St Thomas More Tuesday & Wednesday 9am-1.00pm

20th Sunday in Ordinary Time | Year B | 18 August 2024

REFLECTION: This third part of the great Bread of Life discourse continues to scandalise Jesus' hearers. It opens with the last four lines of last week's Gospel. And his reply to the Jewish leadership's question of eating his flesh continues in the most confronting manner, 'eat flesh and drink blood'. Jews believed that blood held the life that was given by God alone, and so the Jewish Law forbade the consumption of the blood of animals, so say nothing of a human's! So, what can it mean then, to 'eat flesh and drink blood'? We have already understood that to 'eat' in the Gospel of John means to believe. So, we know that eating flesh is to believe in Jesus as the One sent by God. He is God's unique revelation to humanity and also reveals God to us, and belief is about coming to know God intimately. If we take the Jewish idea of blood as having life that only God can give, then to 'drink blood' is to have Jesus' life in us, to become as Jesus already is, a true child of God, 'drawing life from me' as Jesus says. Believing in Jesus (eating his flesh) is about coming to know God through Jesus and to draw life from him (drink his blood) is to become like Jesus is, a true child of God. Perhaps, ponder this for a moment today. From *Gods Word, Daily Reflections 2024*

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—anthony.riosa@cg.org.au - Maria Hicks (Manager) - Phone **02 6239 9806** - Institute of Professional Standards & Safeguarding (IPSS) ipss@cg.org.au

Parish Safeguarding Officers

Blackfriars Parish, Watson: Nicole watson.safeguarding@cg.org.au
Canberra Central, Dickson & Braddon: Barbara & Catherine: CanberraCentral.Safeguarding@cg.org.au
St Joseph's O'Connor: Fiona: oconnor.safeguarding@cg.org.au
St Thomas More, Campbell: Margie: Campbell.safeguarding@cg.org.au



BLACKFRIARS PARISH
Cnr Phillip Avenue & Antill Street,
Watson ACT 2602
Fr Renoir Oliver Jr SSS
Facebook:
www.facebook.com/Holy-Rosary-Parish-Watson



CANBERRA CENTRAL incl: ST BRIGID'S 2 Bancroft St
Dickson ACT 2602
ST PATRICK'S 1 Donaldson St
Braddon ACT 2612
Fr Sebastian Luistro SSS



ST JOSEPH'S PARISH
61 Boria Drive,
O'Connor ACT 2602
Fr Anthony Riosa SSS
Facebook:
www.facebook.com/stjosephsoconnor



ST THOMAS MORE PARISH
30 White Crescent
Campbell ACT 2612
Fr Anthony Riosa SSS
Facebook:
facebook.com/st.thomasmore.campbell

Acknowledgement of Country

We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

20th Sunday in Ordinary Time | Year B
18 August 2024

Entrance Antiphon - Ps 83:10-11

Turn your eyes, O God, our shield; and look on the face of your anointed one; one day with in your courts is better than a thousand elsewhere.

First Reading –Proverbs 9:1-6

Responsorial Psalm - Psalm 33:2-3, 10-15

Taste and see the goodness of the Lord.

Second Reading - Ephesians 5:15-20

Gospel Acclamation - John 6:56

Alleluia, alleluia!

All who eat my flesh and drink my blood live in me and I in them, says the Lord.

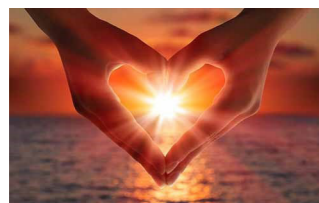
Alleluia!

Gospel - John 6:51-58

Jesus said to the crowd: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

Communion Antiphon - Ps 129:7

With the Lord there is mercy; in him is plentiful redemption.



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INNER NORTH

BE AWARE -

We have been made aware that emails are going out that appears to be from our any one of our Parish Priests. Please do not respond or provide any personal details, purchase gift cards or transfer money. Please disregard any emails that do not come from "@cg.org.au"

Blessed Sacrament Fathers Welcoming Mass - 12 September

SAVE THE DATE: The Archbishop will celebrate Mass to formally welcome the Blessed Sacrament Fathers to the Inner North Catholic Community and the Archdiocese at **5.30pm on Thursday 12 Sept, at Holy Rosary Church, Watson.**

Volunteers needed for this special Mass

to be readers, prayers of the faithful, join a combined choir, play instruments for this Mass to welcome the Blessed Sacrament Fathers. Nominations are being assembled THIS WEEK by each PPC. To volunteer please contact parish office: innernorth@cg.org.au

Baptisms

Congratulations to Celestine and Celina Lupiba who will be baptized at St Joseph's O'Connor this weekend. May their lives be filled with God's peace and their hearts with God's love, on this Baptismal day and all days to come.



BLACKFRIARS, WATSON

Important message: Gang Gang - 22 August

For this month only, a table indoors will be booked at Gang Gang **Thursday 22/8/24** at the usual time of 10-30 am in Frencham place Downer. Newcomers welcome. September gathering will return to our normal third Thursday at 10-30 am on 19/9/24.

Vessels Youth Group—28 August

Our Vessels Youth Group for children between years 3-6 across all parishes in the Inner North is back! Last time, we were incredibly blessed to get over 30 kids to learn all about the Creation Story with us and we are pleased to announce our next topic: **Fruits of the Holy Spirit**. Join us at **6pm on Sunday August 28** at **Holy Rosary Watson**, we've got faith, fun, games, snacks and even refreshments for the parents! It's sure to be a fruitful evening for all, so if you or you child are interested, contact us at youth.innernorth@cg.org.au.

Dominican library - Saturdays

In the Parish Centre, 10.30 am to noon. All welcome.

CENTRAL CANBERRA, BRADDON & DICKSON

Could Simon Broomhall please contact the parish office

St Brigid's Community of the Risen Lord Weekly Meeting—Friday's

Meets weekly on a Friday. Meeting commences with Holy Mass at 7.00pm followed by a live message and live adoration of the Blessed Sacrament.

Healing Service St Brigid Church, Dickson—18 August

Every 3rd Sunday 9.30am Mass will be followed by a Healing Service at St Brigid's Church, Dickson.

Teens Youth Group - 24 August

Our next Teens Youth Group is kicking off once again on August 24, at 7pm. If any high schoolers are looking for a place to develop their faith (or grab a slice of pizza), then join us at St Brigid's Parish Hall. For more details, contact us at youth.innernorth@cg.org.au.

ST THOMAS MORE, CAMPBELL

St Thomas More Parish 60th Anniversary Celebration - 17 Nov

SAVE THE DATE We invite you to celebrate 60 years with us! Celebrations commence at 10am with a family Mass, which will be followed by BBQ brunch and lawn games. 30 White Crescent, Campbell.



Lost and Found

If you have lost this key, it is at the St Thomas More's primary school for you to collect.

St Vincent de Paul

Thank you to all who donated to the winter appeal for St Thomas Mores Parish. We raised the sum of \$8390 for this appeal which will greatly assist the many doing it tough in our community this winter.

ST JOSEPH'S O'CONNOR

St Joseph's Early Learning Centre

For the younger families they have some vacancies. The Pre-School has a very strong connection to the Catholic faith and offer a beautiful way to start your children's journey into their education within the St Joseph Parish community. For more information please email sjo.act.edu.au/elc

OUR RECENTLY DECEASED

Our recently Deceased: May they find peace and comfort in the embrace of the Lord: Raymond Hawkes, Antonius (Tom) Penders
Fr Peter Gannon

IN LOVING MEMORY

Fr Joe McGeehan, Fr Rafael Gabezon, Jose Prateleal, Guiseppe Schimizzi ,Dorothy Olsen, Katey Tuite, Carmelo Abbondante, Catherine Spano, Zelma McManus, Brian Ward, Marjorie Eileen and Joseph Martin Lyons, Basilio Lo Re.

THOSE WHO NEED OUR PRAYERS

Sr Veronica Dunphy, Wendy Altamore, Noel Cristobal, Helena Paul, Sue King, Maggie McKeon, Robin Lees, Steve Sedgewick, Zachary Mason, Daniel Whitley, Marjorie Letts, Bishop Pat Power.

Prayer intentions will remain in the bulletin for four weeks. You are welcome to email the parish office if you would like to renew your prayer request.

ARCHDIOCESE

Marriage Preparation Courses - 17 August

Upcoming Marriage Preparation courses for engaged couples: *Engaged Encounter*- Sydney, Sat 17 & Sun 18 August. *SmartLoving* – online, 9 lessons, learn at your own pace when suits you. For more information or to register go to www.marriagefamily.org.au Enquiries: Text Helena Zobec on **0405 440 463**

Cultural Competency - 31 August

The Catholic Women's Taskforce, Archdiocese of Canberra and Goulburn has a workshop on 31 August. Kylie Shea, a Ngunnawal woman will facilitate the sessions where we will learn about Ngunnawal culture.

Venue: Parish Centre Aranda. Register via www.cgwomen.org.au

Archdiocesan Assembly -18 - 20 October

The 2024 Archdiocesan Assembly is a key gathering for the Catholic Church in the Archdiocese of Canberra and Goulburn. The Assembly will focus on celebrating the Year of the Holy Spirit and explore new opportunities for evangelisation and synodality in the life and All are invited to join us on our pilgrim journey of discernment.

When? Friday 18 (5:00pm) to Sunday 20 (12:30pm) October, 2024

Where? a decentralised gathering involving 'Hubs' in Canberra, Goulburn, Young, Narooma and Cooma. There is also a 'digital' experience offered to all in the Archdiocese.

Who? It will gather leaders and members of our Parishes, Catholic Schools, Catechists, Chancery, movements, ministries, communities and organisations

PARISH BULLETIN - DEADLINE for notices is 12 pm WEDNESDAY
Ph: 0416 823 447 | 0412 128 038 email: innernorth@cg.org.au
or Email: innernorth@cg.org.au