



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed Sacrament (SSS)

Fr Anthony (Thonn) Riosa SSS Moderator - anthony.riosaa@cg.org.au

Fr Renoir Oliver Jr SSS - renoir.oliver@cg.org.au

Fr Sebastian Luistro SSS - sebastian.luistro@cg.org.au

Parish Secretary: Kathie Guillester | **Parish Manager:** Julie Barnes
Telephone: 0416 823 447 | Email: innernorth@cg.org.au | Mail: PO Box 900, Dickson ACT 2602
Baptisms, Marriages & Funerals: by Appointment contact the Parish Office

Acknowledgement of Country

We Acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

Issue 13– 18 February 2024 - Year B

FIRST SUNDAY OF LENT



CANBERRA CENTRAL inc:
ST BRIGID'S 2 Bancroft St
Dickson ACT 2602
ST PATRICK'S 1 Donaldson St
Braddon ACT 2612
Fr Sebastian Luistro SSS
<http://cg.org.au/canberracentral>



ST THOMAS MORE PARISH
30 White Crescent
Campbell ACT 2612
Fr Anthony Riosa SSS
Website:
www.stthomasmore.org.au
Facebook:
[facebook.com/
st.thomasmore.campbell](https://facebook.com/st.thomasmore.campbell)



BLACKFRIARS PARISH
Cnr Phillip Avenue &
Antill Street,
Watson ACT
2602

Fr Renoir Oliver Jr SSS
Website:
www.cg.org.au/watson
Facebook:
[www.facebook.com/Holy-
Rosary-Parish-Watson](https://www.facebook.com/Holy-Rosary-Parish-Watson)



ST JOSEPH'S PARISH
61 Boronia Drive,
O'Connor ACT 2602
Fr Anthony Riosa SSS
Website:
[https://cgcatholic.org.au/
parishes/oconnor/](https://cgcatholic.org.au/parishes/oconnor/)
Facebook :
[www.facebook.com/
stjosephsoconnor](https://www.facebook.com/stjosephsoconnor)

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3.

Enquiries or concerns please contact:

- Fr Anthony Riosa SSS
anthony.riosaa@cg.org.au
- Maria Hicks (Manager)
Phone 02 6239 9806
- Institute of Professional Standards & Safeguarding (IPSS) ipss@cg.org.au





Entrance Antiphon - .Cf. Ps 90: 15-16

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

First reading - Genesis 9:8-15

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm - Psalm 24(25):4-6,7b-9

Your ways, O Lord, are love and truth to those who keep your covenant.

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me:
for you are God my saviour.

Remember your mercy, Lord,

and the love you have shown from of old.

In your love remember me,

because of your goodness, O Lord.

The Lord is good and upright.

He shows the path to those who stray,

He guides the humble in the right path,

He teaches his way to the poor.

Your ways, O Lord, are love and truth to those who keep your covenant.

Second reading - 1 Peter 3:18-22

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and

2nd Reading cont:

which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The word of the Lord.

Thanks be to God.

Gospel Acclamation - Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone,

but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

Gospel - Mark 1:12-15

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Communion Antiphon is Not recited when hymns are sung.

Communion Antiphon - Mt 4: 4

One does not live by bread alone,
but by every word that comes forth
from the mouth of God.

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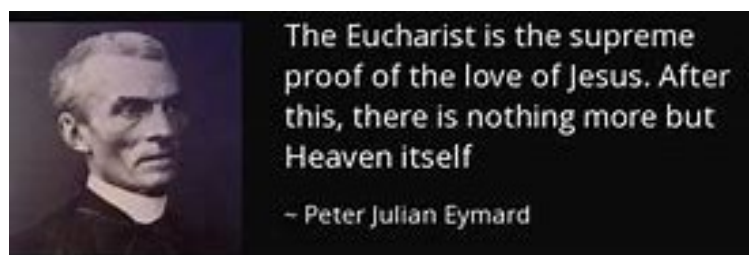
HIS HOLINESS'S LENTEN MESSAGE



His Holiness, Pope Francis, has prepared a Lenten message for the faithful. The key theme is:

Through the Desert God Leads us to Freedom

Copies of the message are available in the foyer of your church for your attention.



THANK YOU FROM VINNIES

Despite some issues with notice, Vinnies raised almost \$1100 from the Canberra Central Parish (Braddon and Dickson) in December for its Christmas Appeal. This money is used to assist the needy in our region.

Vinnies as ever appreciates the generous assistance of parishioners.

WATSON BLACKFRIARS MEDITATION GROUP

Meets on Thursday evenings at 7.30pm in the Watson Parish Centre. For all enquiries call John Jarvis 6296 2001 or email jjarivis1@bigpond.net.au

SAVE THE DATE

Marriage Preparation Courses

Upcoming Marriage Preparation courses for engaged couples:

Engaged Encounter- Sydney, Sat 24 & Sun 25 Feb.

FOCCUS - Tues 9th April 5-9pm plus a private follow up session at CatholicCare.

SmartLoving – online, 9 lessons, learn at your own pace when suits you.

For more information or to register, go to www.marriagefamily.org.au Enquiries: Text Helena Zobec on **0405 440 463**

14 MARCH | An Evening with Fr Timothy Radcliffe OP

Fr Timothy was Master of the Order of Preachers from 1992 to 2001. A member of the community at Blackfriars, Oxford UK, he is the author of several very popular books and an internationally reputed speaker and retreat-giver.

Date: Thursday 14 March 2024, **Place:** Merici College Wise Street Braddon **Time:** 5.30 -7.00pm

Free Tickets: <https://bit.ly/4blSurY>

Fr Timothy Radcliffe OP will also be speaking at Marist on 13 Mar. See <https://bit.ly/49h5sG3> for more info.

CANBERRA GOULBURN WOMENS TASKFORCE

WOULD YOU LIKE TO BE INVOLVED?

We are experimenting with a more flexible model of involvement. You can help out for one event or in one particular way or dive into everything. You will receive a great welcome!

We don't have venues for some events yet. If you would like to nominate your parish or other location get in touch at email cgwomen@outlook.com
Blessings, Andrea Dean

Parish Offices Opening Hours

Dickson St Brigid's 9am-12.30pm Mondays
Campbell St Thomas More 9am – 12.30pm Tuesdays
O'Connor St Joseph's 9am-12.30pm Wednesdays
Watson Blackfriars 9am-12.30pm Fridays

SAVE MORE DATES

ST THOMAS MORE PARISH

Fr Emil's Farewell 25 Feb 10am Mass
And morning tea after Mass– All welcome

ST. THOMAS MORE FORUM

(A pastoral initiative of the Parish of St. Thomas More Campbell)
Wednesday 20 March 2024 7.30 to 9pm
Holy Faith Hall, 30 White Crescent, CAMPBELL
Keynote Speaker: Greg Sheridan
Foreign Editor– The Australian Newspaper
Title "How Christianity Triumphs in a Newly Pagan Society"
Bookings Open Now at
Eventbrite <https://bit.ly/stmf-200324> or
forum@sthomasmore.org.au or
0416823447

ST BRIGID'S 9:30 MASS CHOIR

Are you interested in singing or music? You are invited to join St Brigid's Dickson choir on the 1st, 2nd and 4th Sundays. Practice starts at 9:10am before mass.

All are welcomed.

Contact Ling at lingwlyau@yahoo.com.hk.

CRAFT MORNINGS

If you are interested in joining in with lovely ladies for enjoyable conversation and lots of laughter, we have 2 craft groups in our Inner North Community. You would be most welcome to attend either group.

Dickson Parish Centre - will commence again 14 Feb and then fortnightly Wednesdays from 1.15pm. For more information call Mary Boyle on 0450 060 256

Watson Parish Centre - 1st, 2nd, 4th & 5th Wednesdays of each month, from 12-4pm. For more information contact Pat Savas on 6248 0470

A CELEBRATION OF RESILIENCE

Canberra and Goulburn Catholic Women's Taskforce hosts a Breakfast for International Women's Day each year. This year, our guest speaker is Ms Selina Walker, who has been named ACT Local Hero for 2024, recognising her work in the community to improve outcomes for First Nations people.

Pls join us on **Thursday 7 March** from 7.30am at Ainslie Football Club, 52 Wakefield Ave, Ainslie. Link to purchase tickets is on our website (flyer also available there) or you can go straight to the booking site here.

We would appreciate your help in promoting this event which is a celebration of resilience and a testament to the power of unity. If you can't come, can you host an event where you are? Bringing women together is powerful and empowering!

If you would like more information about our plans for the year please email cgwomen@outlook.com.



LENT 2024

WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we **can grow closer to God and prepare our hearts for the true** meaning of Easter. Be inspired. Be refreshed. Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this

Lenten journey more powerful and prayerful. This program is FREE and you can sign up here:

<https://BruceDownes.org/Lent>

Go to BruceDownes.org for more information.

OUR RECENTLY DECEASED

Our recently Deceased: May they find peace and comfort in the embrace of the Lord.

Joan Percy, (Mother of Fr Tony), David Ficken,
Rowan Andrew, Shirley Dunn, Geraldine Conlon,
Brian Mahoney, Margaret Byrne

IN LOVING MEMORY

Kevin Nolan, Lirio Lukban, Silvio Rossi, Alvy Raymundo,
Josie Simbulan, Jose Rico, Romeo Cabardo,
Heather Pook, John Collett, Jack O'Brien,
Alice McDonald

UNPACKING THE CREED

The next session of this enlightening program will be held at the St Joseph's Parish Hall, O'Connor at 7.30pm on Wednesday 13 March.

CONTRIBUTIONS TO PRIEST & PARISH

Contribute to the First Collection.

Account Name: Central Presbytery Fund
BSB: 062-786 - Bank Account: 000029248
Reference: Use your Parish Location to assist in correct allocation & Your Name (e.g. Campbell Smith)

Planned Giving: Planned Giving is a weekly, fortnightly or monthly contribution to the first and/or second collection via cash, direct Debit or credit card. By contributing set amounts regularly you help the parish to forecast and budget its ongoing expenses. If you are new to Planned Giving and would like more information, please contact the Parish Office.

PLEASE NOTE: Existing Planned Giving arrangements have not changed. If you have established a regular deduction, that will continue. For information, Planned Giving account details for each Parish follow. These can be used to set up new regular deductions.

Canberra Central : A/C Name Canberra Central Parish
BSB: 062786 **A/C:** 000013150 **Ref:** Name & Giving Number

Blackfriars: A/C Name: Blackfriars Parish Watson
BSB: 062786 **A/C:** 000013341 **Ref:** Name & Giving Number

St Joseph's: A/C Name: St Joseph's Parish
BSB: 062 786 **A/C:** 000012798 **Reference:** Parish & Name

St Thomas More: A/C Name: St Thomas More Parish
BSB: 062786 **A/C:** 000014869 **Ref:** Campbell/Surname

PARISH BULLETIN - DEADLINE for notices is 4 pm TUESDAY

Ph: 0416 823 447 email: innernorth@cg.org.au

In Your Prayers please remember those in our community who are ill:

In Your Prayers please remember those in our community who are ill:

Evelyn Matriano, Davide Verri, Bedelia delos Santos, Sabina - Mary Coles, Mary Pavey, Anne Corver, Sue King, Barbara Wilson, Una Bell, Philip Bailey, Peter Catlin, Veronica Cornelly, Rosa Maria Santos, Gloria Sibley, Beth Delos Santos, Fr Ellis Clifford, June Pollard, Philip Cruz, Maureen Blood, Awny El-Ghitany, Pamela Sandy, Una Ford, Robin Lees, Elizabeth Webster, Ann Moran, Colleen Brackett (& friend Jackie), Baby Remi Elliott, Tony Bandle, Clare Packer, Robyn Cross, Paul Thorpe, Joycelyn Maclean, & Kahren (daughter of Joycelyn), Mahsa Raoofian, Christopher Douglas, Kahren, Lyn Mowbray Lily Copeland, Neville Caulfield, Maggie McKeon, Alphonsa & Maria Bankovsky, Carmel Slammon, Carol - Jayne McManus, Mary

WEEKDAY & SATURDAY MORNING MASSES

| | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------------------------|-----|---------|--------------|---------|----------|--------|
| St Patrick's (Braddon) | | 12:30pm | 12:30pm | 12:30pm | 12:30pm | |
| St Thomas More's (Campbell) | | | | | 10:00am* | |
| St Brigid's (Dickson) | | | 9:00am | 9:00am | | 9:00am |
| St Joseph's (O'Connor) | | 9:15am | 8:00am | 9:15am | 9:15am | 8:30am |
| Holy Rosary (Watson) | | 5:30pm | 5:30pm | 5:30pm | 5:30pm | |
| ACU-Signadou (Watson) | | | 12:00 noon** | | | |

* During school term, as advised when Classes attend.

** Wednesdays during University Terms (Term 1: 26/2/24-29/5/24; Term 2: 29/7/34-28/10/24)

SATURDAY VIGIL & SUNDAY MASSES

| | Saturday Vigil Mass | Sunday Morning & Evening Masses | | | | |
|-----------------------------|---------------------|---------------------------------|--------|--------|----------|----------|
| | | 8:00am | 8:30am | 9:30am | 10:00am | 5:00pm |
| St Patrick's (Braddon) | | 8:00am | | | 10:00am* | |
| St Thomas More's (Campbell) | | | | | 10:00am | |
| St Brigid's (Dickson) | 6:00pm | | | 9:30am | | 5:00pm** |
| St Joseph's (O'Connor) | 6:00pm | | 8:30am | | | |
| Holy Rosary (Watson) | 5:00pm | | | | 10:00am | 5:00pm |
| ACU-Signadou (Watson) | | | | | | |

* German Mass

** Vietnamese Mass (1st & 3rd Sundays)

ADORATION & SACRAMENTS

| | Reconciliation |
|------------------------------------|--|
| St Patrick's (Braddon) | 12:00pm - 12:30 Friday |
| St Brigid's (Dickson) | 9:30am - 10:00am Saturday 5:30pm - 5:50pm Saturday |
| St Joseph's (O'Connor) | During Holy Hour 8:15am - 9:00am Tuesday, Thursday and Friday 5:30pm - 6:00pm Saturday |
| Holy Rosary (Watson) | 4:00pm - 4:30pm Saturday |
| Adoration of the Blessed Sacrament | |
| St Patrick's (Braddon) | |
| St Brigid's (Dickson) | 9:30am - 8:00pm Wednesday |
| St Joseph's (O'Connor) | 8:15am - 9:00am Tuesday, Thursday & Friday |
| Holy Rosary (Watson) | 6:00pm - 7:00pm Friday |
| Pray the Rosary | |
| St Brigid's (Dickson) | 8:30am Tuesday to Saturday |
| St Joseph's (O'Connor) | After morning Mass Tuesday, Wed (Cenacle), Thursday, Friday |
| Holy Rosary (Watson) | Before 10:00am Mass, 1 st & 3 rd Sundays |
| Anointing of the Sick | |
| St Joseph's (O'Connor) | 8:30am First Saturday of the month |
| St Thomas More (Campbell) | 11:15am First Sunday of the month |